

# SCOTOMA

## The Intimate Relation of Sex and Death©

By Robert Lee Rohrer

This biological and psychological model of philosophical anthropology is the basic outline for my forthcoming interdisciplinary series “SCOTOMA - The Intimate Relation of Sex and Death”©. The entire synthetic model; the ultimate series title; the term Normatic©; the claims for a universal sex/death phobia; the origins of sexual repression; and the unprecedented identification of original sin are all the intellectual property of Robert L. Rohrer, with an appropriate Certificate of Copyright issued in accordance with title 17 of United States code.

Rather than a traditional outline, a structural model (diagram) was chosen for a dimensional view. The outline is but a skeleton for the final text, where each topic will receive detailed attention in support of the overall thesis. A negative reaction is fully anticipated given the fearful polemic against any change in what is already perceived as truth. At this point in the development of my thesis criticism may be easy since, although well researched, the main supporting ideas remain to be written. A structural outline with supporting notes is vulnerable, but the arsenal for the ultimate text is quite full and will more than support what is presented here.

Neither this model nor the overall concept includes purely organic brain disease or damage and the resulting forms of amnesia and dementia. Genetics is also a powerful factor in predisposition and is here considered virtually synonymous with constitutional factors. Further, while chemical therapy is acknowledged in the treatment of functional disorders, questions of glandular and biochemical disorders of metabolism are turned back to the basic psychogenic processes from which they originate. The intent of chemical therapy is to reestablish “normal” brain chemistry altered principally by the etiology described in note twenty-seven. Most important, the only possible answer to resolving the ultimate problem of humanity is the hope of a yet to be discovered numinous dimension or an irrefutable manifestation of Being. In addition, to be effective either event must possess the mandatory quality of dealing with the personal survival of the ego, transcendently called the soul.

Beyond psychology, and on a general technical level, uniformitarianism is rejected, especially in astronomy and geophysics. The evidence for saltation is discoverable across the entire historical spectrum of the earth's flora, fauna and geology.

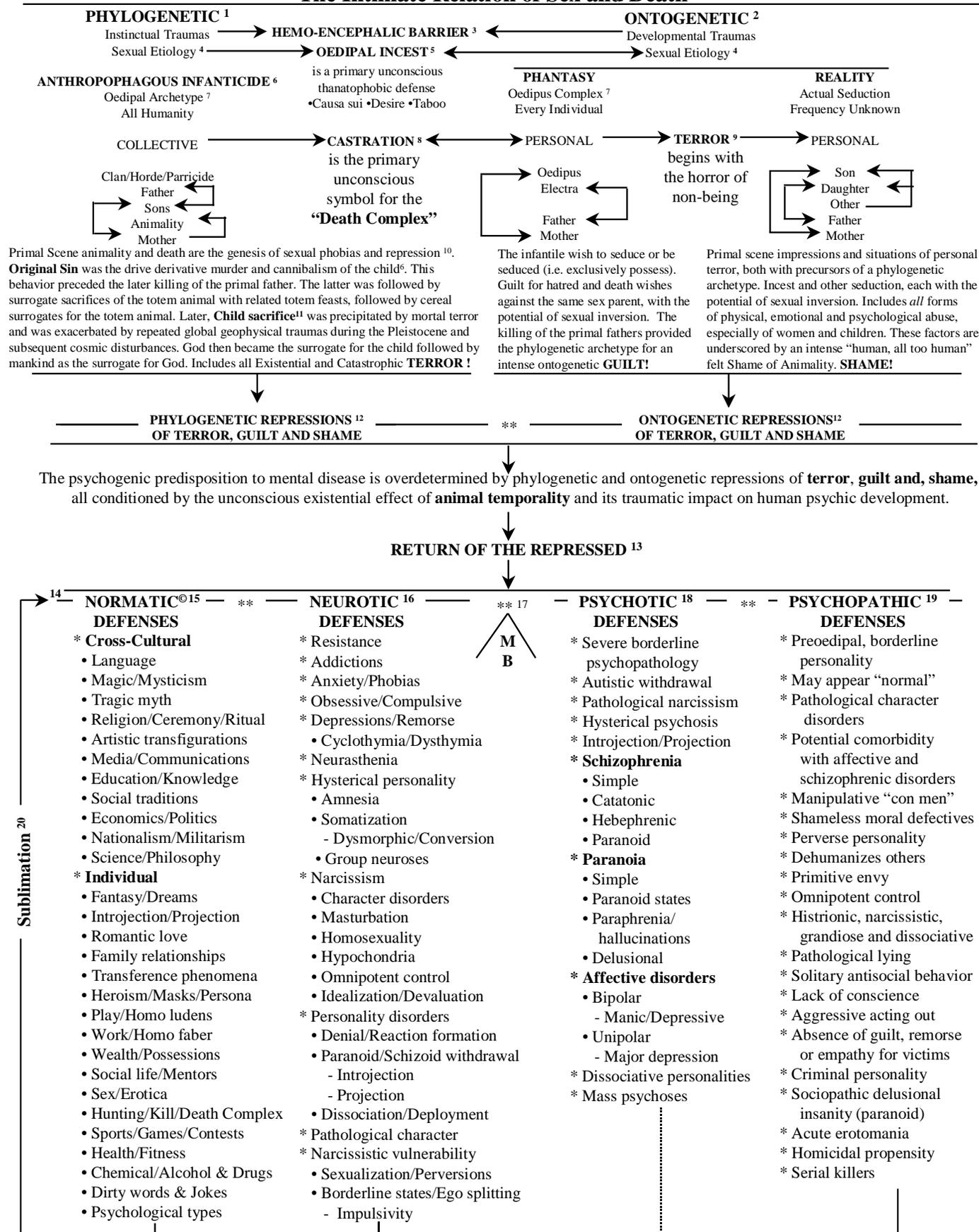
Further, the concept of environmentally driven mutations is fully accepted. The dogma of blind chance and the natural selection of random, naturally occurring, spontaneous variations as the sole driving force of evolution is rejected with as much force as the acceptance of the natural selection of induced variations. The impact of global catastrophes on germline mutations, and the development and conditioning of the human mind, have been well researched and established by others. A complicated, eclectic paradigm; but why should “eclectic” be pejorative? A synthetic approach is the only valid one.

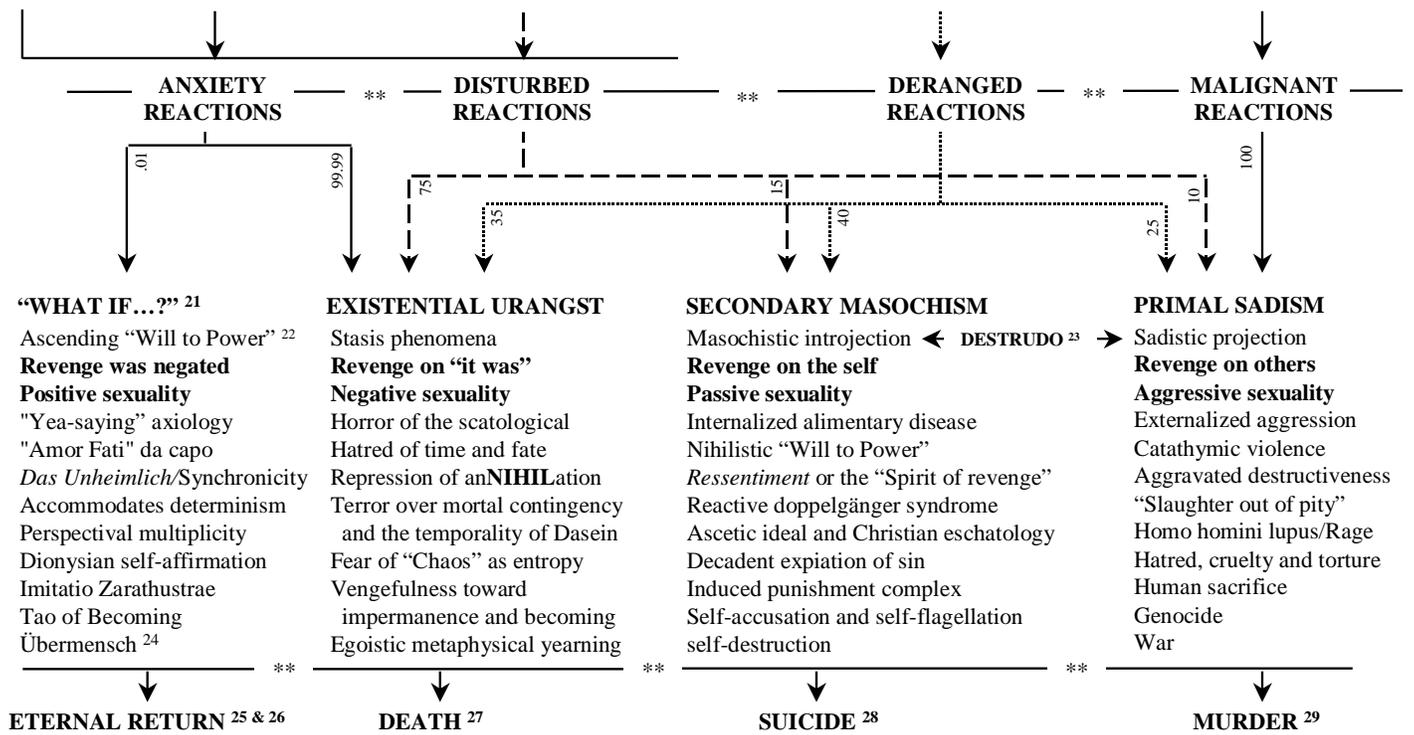
It is well known, “The will to a system is a lack of integrity...”; however, one must start somewhere, stand on the shoulders of giants, and always remain dynamic and fluid. My greatest surprise was the course this investigation would take. I was open to any path - quite frankly what I found was a shock!

**First draft 12/11/83; Copyright 4/28/97 & 6/18/99; Last amendment 9/13/2002**

# SCOTOMA

## The Intimate Relation of Sex and Death<sup>©</sup>





## Diagram Notes

1. Phylogenetic factors are the most powerful determinants in the development of the human mind. It is therefore important to state at the outset that we acknowledge phylogeny operating within Freud's biology. These are the traits humanity inherits from the primordial dawn of consciousness and the prehistoric beginnings of culture, and then back from there to the deep primal recesses of ancient humanity, and further back to animality and *even* before!

Biology and psychology are inextricable; especially the *conative-affective* core of the instincts, and behavior is immensely conditioned by what Freud knew to be phylogenetic factors. Jung later claimed the term's Collective Unconscious and Archetypes for the same ideas, and wrongly suggested that Freud did not recognize a universal heritage. Fred Hoyle and Chandra Wickramasinghe have offered the most plausible explanation of the beginning, with additional explanations for later pathogenic mutagens.

A major principal of ethology is the natural coevolution of genes and culture expressed in modern sociobiology. While rejecting Lamarck, E. O. Wilson has stated this "...is precisely what happens in the case of cultural evolution..." and the creation of the human mind.

Another important factor is child rearing. What could be more fundamental to the advance of civilization than the way we bring its new representatives into the world, and then treat them after they arrive!

However, the major factor in both physical and mental evolution is mutation from environmentally driven alterations of gene structure. Darwin's idea was a natural internal agent he called pangenesis. The argument that ensued in biology has always been, simply "inside out" Vs. "outside in"; and whether RNA to DNA reverse transcription existed. Arthur Koestler set the stage for a new understanding of exogenous mutation and the existence of a soma-to-germline gene feedback loop, and leading edge biologists are now accepting Koestler.

It is interesting that Freud's phylogenetic theory was denounced as a Lamarckian inheritance of acquired characteristics, which biology had at that time rejected based on the central dogma of August Weismann's germ plasm theory. In fact, Freud's concept was Darwinian, which, in addition to natural selection, also requires the inheritance of acquired characteristics called evolution. Darwinian theory was always surprisingly Lamarckian and it seems they were both right. The environment impacts RNA, which in time changes DNA, and then natural selection decides what survives.

In looking for the principal agent, Freud, Ferenczi, Velikovsky, and many others knew something momentous had happened – it turned out to be the impact of the Ice Ages and all subsequent catastrophes on human development and the creation of mind. Freud spelled this out in his unpublished essay "A Phylogenetic Fantasy", Ferenczi in his book, "Thalassa: A Theory of Genitality", and Velikovsky in his tour de force reconstruction's culminating in "Mankind in Amnesia".

Terror was the most potent conditioner of coevolution while concurrent environmental dynamics drove mutation. These ancient disasters precipitated periods of protracted magnetic, radiation, electrical, chemical, and thermal mutagens that triggered germline and evolutionary changes. The Pleistocene epoch, or the so-called Ice Age, began ca. 100,000 BPE, and then at ca. 20,000 BC entered a 10,000-year decline to near present conditions. This was just the last sustained catastrophe in what is considered prehistoric times.

Even more relevant to the creation of mind, several major planet-wide catastrophes have also occurred in historic time. The effects of the more recent events included all of the above, as well as further orbital, axial, rotational, gravitational and atmospheric changes. Worldwide floods, earthquakes, volcanism, and major changes in climate also resulted from these forces. The human race endured and survived all these circumstances. In fact we, and consciousness itself, are a product of them! It must, however, be stated right up front this is categorically not some wishful Biblical fundamentalism.

The “Velikovsky Affair” has now endured for over fifty years, and while it is no longer possible to deny his insights we have two interesting “camps.” Those who simply usurp his ideas without so much as the courtesy of professional credit; and those who still denigrate his insights. The former are the more disappointing as they try to explain reality without being “tainted” by using Velikovsky’s name. The latter are the more despicable because almost universally they have not even read the books in question.

As Thomas Kuhn described, a paradigm shift will occur when those resistant to more rational explanations die off. With Sagan, Asimov and Gould deceased we may now be finding our way to a better understanding than an obsolete uniformitarianism. Then again Lyell has been gone a long time and Dawkins is still with us.

**2.** Ontogenetic factors are those that personally influence what a person becomes from the beginning of each individual life; and ontogenetic repressions are basically guilt responses to the superego as “heir of the Oedipus complex”. We know Tabula Rasa is a fiction so this model concentrates on the dynamic structural patterns of phylogenetic influence, from birth to death. A pattern that questions a personal teleology by recognizing the unconscious compromises freedom of the will. In fact, the most powerful influence on an individual is an inherited phylogenetic foundation later exacerbated by ontogenetic development.

Ontogenetics is, however, no mean contributor to psychology and ultimately culture. Especially when there is still worldwide battering, raping, torturing and killing of men, women and children. Infanticide is still common in China; mutilation of females is the norm in the Middle East and Africa; Islamic fundamentalists think nothing of the mass slaughter of young girls; and the more civilized nations, including all western nations, still sacrifice their sons in war. And, all humanity suffers from an unconscious hatred of children simply because they will outlive us. The sacrifice of Christ was supposed to be the final “poison container” for all this projected hatred. The idea has not worked! Look around!

**3.** The hemo-encephalic barrier is a natural protection between the blood stream and the brain that protects cerebral tissue from inundations of both exogenous and endogenous toxins or

hormones. A weakening of the system can result from acute and/or chronic states of anxiety which can produce marked biochemical changes resulting in a physiological pre-disposition to neurosis and psychosis, especially schizophrenia. Historically, cosmic disasters have repeatedly created extreme anxiety states resulting in a phylogenetic posttraumatic stress disorder that now plagues humanity. Velikovsky saw this condition as a state of amnesia.

**4. Sexual Etiology** is, of course, the nucleus of this whole model. This *is* the Scotoma...The intimate relation of sex and death. There is virtually no aspect of human behavior not affected by the conscious and unconscious fear of annihilation brought home most graphically by animal sex and animal death. It is not sex per se that creates the problem, but what sex means to the ego! It is sex that makes us mortal. There is tremendous resistance to recognizing sex as a central problem in psychology. Look at the reaction to Freud!

However, we must emphasize that we are talking about the physical act of animal sex, not Freud's libido theory that aimed at a broader concept. However, Theodor Reik has taken great pains to point out that Freud's theory did not include the concept of love. Only when sex and love are united do we have anything that could be considered a complete concept in regard to this higher human emotion.

More important to our thesis, Reik has identified the substrate of sexual shame in toilet training, where we are taught to control the unclean polluting aspects of animal function. This has been a popular advice for decades but its implications are much deeper. The ego knows the physical location Freud quoted as "Inter faeces et urinas nascimur". The more intense and puritanical the toilet training, the more distorted will be the sexual emotions and functioning. The inhibitions of excretion are unconsciously related to sex and like urine and faeces, we are ashamed of sex. What is missed is the link to animality. This is the source of the ego's terror, guilt and shame!

The London Sunday Times reported on 9/23/01, that the primary crime of blasphemy against the holiest Islamic soil was "One widely circulated picture of two women GIs in a Jeep, their shirts unbuttoned to their waists, driving across the Arabian desert, was enough to inflame the sensibilities of thousands of devout Muslims and to fling the most unstable of them into the arms of the extremists". The writer then says, "Islam, at heart, is as peaceful a creed as Christianity." Sex is so offensive it fosters terrorism. The writer missed the Inquisition and the Crusades!

The idea of sex hits a raw nerve, and the resulting resistance is most interesting. Has anyone ever questioned why Adam and Eve are made to cover themselves in the Garden; why nakedness is so shameful; why Christianity is so anti sex; why exposure of sexual anatomy is a crime; why viewing the sex act is considered pornography while viewing murder is not; why parents find it so difficult to talk to their children about sex; why our erotic life is such a guarded personal secret; why most humor is aimed at defusing the anxiety that surrounds sex; why violence is so intimately linked with sex in all forms of sadistic and masochistic behavior; why movies are X-rated for sex and not for murder; and the real reason for the "dirty words" that permeate our language.

Yet art, music, poetry, literature, theater, and film are dominated by sexuality; and the Internet and International television bring us a whole new dimension of sexual entertainment. We do not

see our prurient voyeurism being pushed along by our procreative animal instinct and then the defense of sublimation filling in for reaction formation and repression. In all “artistic” representations we are unconsciously devaluing sex with manifold forms of exaggeration aimed at defusing its reality. With this almost singular preoccupation with genitals and a reproductive function, it is surprising we miss what we are doing as our compulsion to repeat helps us deal with the tragic reality of the human condition.

Our western religion is focused on a belief in a virgin birth and the immortality of the body, yet most people will tell you they do not fear death. Even Freud did not think it was possible to visualize one’s own death, and yet he was consumed with the concept. In fact, sex and death define our human existence. We begin with the former and end with the latter, and throughout our lives we are focused on “whence and whither”. These questions have animated all, myth, cultus, religion, science and philosophy while our Scotoma has prevented a more realistic understanding.

The tragedy of the world is humanity never created a universally believable metaphysics, and now we are left to face existence with nothing more than myth, legend and fairy tales. As we look around the world, we see it arming again for Armageddon. Terror has now become terrorism. And, as people continue to project their death on to one another, we will unfortunately find that fundamentalism and atomic, biological and chemical weapons are not a good mix with martyrs and eschatology!

**5.** Incest is primarily the unconscious phantasy of recreating oneself through sexual union with the parent of the opposite sex. It is both a phylogenetic and an ontogenetic response to the terror of non-being with the objective of immortality. This is the mysterious rebirth of the hero found throughout mythology and religion. Other forms of incest are only misdirected manifestations of this same basic drive, exacerbated by a host of developmental issues. Freud’s idea of mother as the object of desire that precipitates the Oedipus Complex needs to be expanded. Her role is much more complex than that, and deserves major attention in every Depth Psychology.

Even in basic Oedipal incest, what we are looking for is an unconscious prototype of incestuous behavior, which goes far deeper and is beyond the ontogenetic issues of sexual desire, attraction and perversion. In any event, we know perversion is a strategy defense against death, which goes to the heart of the sex/death thesis of this entire project. In fact, the intent of perversions is to devalue, damage and distort sexuality, especially the coitus of the parents, through an unconscious regression to, and expression of, infantile impulses.

The perversion to distort sexuality is also expressed in the ultimate “incest” of homosexuality. A most interesting neurosis I have termed neurotic narcissism. This becomes a latent spitefulness, hostility and hateful sneering at the opposite sex and procreation. The love of the self is projected on to another and becomes the phantasy you are I! Not always a physical act, Sartre observed Genet’s desire to be the good looking boy he saw...not to have the boy sexually. But then to also have the others genitals as if they were ones own. The fellator unconsciously fellates himself. It is a homosexual relationship with ones own self projected on to another.

Homosexuals see their condition as a natural destiny comparable to heterosexual desire, and they harbor extreme negativism toward any suspicion of disease. Medical model psychology blames everything from brain chemistry to family dynamics. Few recognize unconscious terror driving narcissism into a distorted compulsive projection. Homosexuality is a field of study well beyond the scope of this essay. However, the macho man and the effeminate man -- the erotic lesbian and the dike, all share one common fundamental fact -- they love themselves in the Other.

Additionally what is our life long preoccupation with the breast? Is it an incestuous desire, a remnant of an unconscious drive for nourishment or something else? The mother's breast is provided to the infant who primarily seeks nourishment, but also the psychological warmth and comfort of the breast. On the physiological side, the mammalian instinct is innately present in the neonate psyche. The same is true of psychological desire, which is innate and phylogenetically transmitted. The warmth and comfort are sought in compensation for rage and terror at the congenital idea of annihilation. There is an engram for survival, and the infant unconsciously knows the breast will keep it alive.

Later, the same unconscious response is that somehow the breast will continue to perpetuate life. The infants need of breast nourishment ends but the breast never loses its psychological power. The exploited image of the breast is an obvious marketing route to the male. And, being phylogenetic, it also drives the images to which females respond. Magazines published for females exploit beauty as the personification of femininity, but make no mistake the breast is always in the background. The breast that suckled the female also drives her psychology. In the male, legs and buttocks notwithstanding, the breast is the primary visual focus of sexual desire. Has any one ever questioned how a milk gland could achieve this level of effect -- Scotoma!

**6.** Anthropophagous Infanticide was the Original Sin of humanity. With religion as its palliative, drive derivative murder and cannibalism of the child was the original phylogenetic foundation and principal influencing mechanism upon which all our ontogenetic guilt, "Bad Conscience" and psychopathology is constructed. Analogous across all living species, this instinct is a natural animal response to population control and territorial dominance, an instinct that is especially poignant to watch in the behavior of other primates. In the human "Fall" from the innocence of the animal world of nature, the hominid carried this natural instinct into consciousness and was revolted. Consciousness, civilization and culture then became the primary pressures against instinctual cannibalistic infanticide. Parenthetically, it is interesting to note the remnant holocaust sacrifice is not eaten. It is totally burned, most probably a reaction formation against cannibalism.

Oral aggression, puerperal psychoses and the Munchhausen by proxy syndrome reveal some faint residue of this natural animal behavior. And, there is much more to the story of "Hansel and Gretel" than is commonly supposed. The fear of being eaten is a phylogenetic remnant that appears early in the oral stage of an infant's developing ego.

Freud knew it was a murder but he stopped at the father. The killing of the primal fathers did occur later, and also lasted for millennia, resulting in the archetypal substrate for the intense guilt of the ontogenetic Oedipus complex. Earlier, however, both the father and the mother

participated in the murder of Original Sin - the eaten child! This is the primary reason the influence of the mother must be a more important co-equal part of any true Depth Psychology.

We accept the history of Donner Pass and the news from the Chilean Mountains; why should the behavior of hominids surviving for millennia in dark Pleistocene caves raise a question? And, consider the Eucharistic prayer: Take and eat this in remembrance...The body of Christ...The blood of Christ. This will require a chapter of its own.

**7.** The Oedipus Complex is a major guilt complex, and the overall “Bad Conscience” of guilt is a principal foundation of psychopathology. In fact, it has even been stated, “Every mental illness of adult life begins with a reactivation of the Oedipal conflict.” *Psychoanalysis and Current Biological Thought*, The University of Wisconsin Press, 1965, page 341. While not rejecting that claim, it is also especially important to recognize the innate and phylogenetically transmitted nature of the Oedipus complex. This complex has become part of human biology in the course of the hundreds of thousands, even millions, of years over which it has developed.

In Greek drama, the chorus reinforced this unconscious guilt. And, while powerful ego factors of Oedipal jealousy and possession begin in the earliest months of life, the unconscious guilt of original sin and the phylogenetic trilogy of terror, guilt, and shame remain the principal foundations of mental disease.

When we delve further into the concepts of self-destruction we will learn that ontogenetic Oedipal guilt is one of the primary “blocks” that can paralyze the ego, ruin self-confidence and freeze self-actualization. The unconscious super ego turns on itself and punishes relentlessly through masochism. This is especially so when young boys lose their father in the early teenage years. A young man's unconscious thought crimes typically drive a guilt complex, resulting in neuroses that can change a child's entire destiny. A father's early death is cruel enough, but the aftermath is worse. Of course, losing either parent at an early age inoculates the soul with death!

Our Oedipal guilt also has a relation to God, our ultimate transcendent Oedipus Complex. Our Father in Heaven, who demands our death, brings about the same identification with the aggressor that drives our familial Oedipus Complex. God the Father becomes the punishing revengeful God of Hell fire as a result of our unconscious hatred of him. For the hatred and murder projected on Him we anticipate his retribution for which we offer sacrifice. If death is what God wants, it became customary to buy longevity with a surrogate. This has raised the whole question of a Laius and Jocasta Complex at an even more fundamental level than Oedipus.

**8.** Castration anxiety is fundamentally driven by a phylogenetic Oedipal dynamic. It is a fear of losing bodily integrity, self-identity, and the possibility of perpetuating life. This brings us back, full circle, to the incest dynamic of *causa Sui*, which is a fundamental defense against the horror of annihilation. The anxiety of genital mutilation, both male and female, is therefore transformed into a general fear of the destruction of the entire body and the procreating self, and is therefore analogous with what we will identify as a “Death Complex”, instead of a “death instinct”.

Ernest Jones termed the fear of annihilation *aphanisis* - a catastrophic loss of existence. Genital sacrifice was also a powerful surrogate for sacrificial murder. Sacrifice was then further removed from murder and castration, with the offer of a foreskin. And we accept this as one of the foundations of our religion? How crude!

**9.** Terror is from the fundamental human fear of annihilation. La Rochefoucauld said it best in his maxim twenty-six: "Neither the sun nor death can be looked at steadily", so we look away in both fantasy and phantasy. It would be difficult to exaggerate the full power of this existential *urangst*, especially since the most powerful countervailing unconscious phantasy is one of death and rebirth. In the extreme, this can also include the conundrum of a suicide and rebirth phantasy where the self escapes this life of death to be reborn to another eternal life. Of course, resurrection is the essence of our cross-cultural dream. This is especially so in Christianity where praying for resurrection of the body goes far beyond any mere spiritual immortality.

The poets knew first, then these ideas permeated romantic literature and reached their apogee in Wagner's operas where love's passion is repeated again and again in the *Liebestod*. Later, Sabina Spielrein understood a great deal more about sex, death, and transformation psychology than anyone up to her time, and she set forth her ideas in a paper entitled "Destruction as a Cause of Coming into Being." Jung stole her ideas and applied them to religion; Freud recognized their power and incorporated them in his ideas of a "Death Instinct".

Until these ideas can be grasped, nothing seems more paradoxical than a fear of death precipitating death, or suicide functioning as a defense. Ludwig Binswanger described it best as: "This longing for an "end" originates in there being *no way* out..." This double bind creates a "retreat from life". And the retreat is a withdrawal from Dasein into insanity and suicide; or a projected victimization and sacrifice. See note twenty-three, which focuses on the projected and introjected aspects of death fear, which we have identified as our "Death Complex".

**10.** Male and female sexual and repression phobias result from an unconscious rejection of animal birth, which brings death into the world. Consider the "bottled up", unconscious male rage that results in the ubiquitous battered women. Female nativity is visual proof of animality driving both the mythological and religious need of a virgin birth. "If there are Gods, how could I wish not to be one"? In addition, the unnatural celibacy of priests, monks, nuns, ascetics and other neurotics is yet another example of this denial of animality through the suppression of sexual instinct. This is further manifestation of our "Death Complex".

The female reaction is further exaggerated by the unconscious psychology of "Amor and Psyche" where the animality of sexual penetration is the issue. This is also the solution to the generally debated question of vaginal or clitoral orgasm. To be responsive the female must have the psychological ability to accept the physical penetration. The vaginal and clitoris then cooperate, but sensation can be shut down by a vaginal penetration that is not psychologically accepted.

**11.** The knowledge aspect of the fruit on the tree in the Garden relates to the forbidden knowledge that expels us from our fantasy of a special creation. Consciousness informed us of our animal sex and animal death -- and knowledge of our animality is the driving force behind all

our unconscious terror, shame and guilt. Consciousness also precipitated the terror of non-being, which demanded the first true sacrifices.

Realizing personal death was a requirement; human kind quickly offered its most valuable surrogates to the Gods for longevity. Child sacrifice was the ultimate response to the Tree of Life and the Tree of Knowledge, which the hominid had quickly learned, were the Tree of Life and The Tree of Death! And, during periods of major geophysical disruptions, when terror reached unendurable levels, man accelerated the offering of his ultimate gift to propitiate the Gods for cosmic harmony. Here, take the child but save me.

The Hebrew cry Hosanna, "Save us", became a standard chant in prayer and hymns. In addition, a variety of holocaust sacrifices continued all the way to the fiery pits of troy. Our whole religious chronicle is an attempted substitution of animal and cereal offerings for the child, as we had done earlier for the father. The paradigm shift occurs early in the Old Testament with the story of Abraham and Isaac in Genesis 22. The whole rest of the book rails repeatedly over falling into the Canaanite ways of Moloch.

The Old Testament is our most important ancient historical record of the traumas our ancestors survived and the resulting phenomenon of the "blood complex". In fact, the Old Testament almost entirely devoted to creating a religion of saving the child. Later, New Testament Christianity has the same theme with Christ as the final Sacrifice. A perfect example of our Scotoma!

**12.** Phylogenetic repressions, or conflicts with the instincts, are ego responses to the Id. The two basic drives of the instincts are sexuality and aggression. Conflict between the ego and the instincts creates an almost singular etiology for the genesis of neurosis. The instincts, or the Id, form an overarching dynamic in relation to the superego and conscience on one hand, and the objective outside world on the other. This trilogy of: (1) Instinct, (2) Conscience (3) and the objective world drive neurosis and psychosis from both an internal and an external perspective. Denial then relates to external danger while repression relates to instinctual stimuli from within.

**13.** In the "Return of the Repressed" the "Return..." is the operative unconscious dynamic, not repression. In fact, a certain level of repression is required to keep us sane. The dynamics of "Return" are driven by both hereditary factors and all the emotions associated with both conscious and preconscious memory.

Excess repression is a crippling factor only because of the intense and continuous level of psychic energy required to maintain major repressions. And, the "Return" exacerbates this dynamic, as higher and higher levels of repression are required to stave off the "Return". This results in the manifestation of resistance, defenses and symptoms under the pressure of the "Return". The resulting symptoms are then often accompanied by a "Compulsion to Repeat", which represents a repetitive undoing intended to retrospectively master the anxiety of the initial precipitating conflicts through reparation.

**14.** The insanity gradient, from Normatic© to Psychopathic, cuts across all nosologic classifications and is a bi-directional dynamic fluid continuum of defenses across which both

behavior and illness move. Chronology and timing are still obscure topics, so this model is not necessarily intended to depict a linear development of defenses and reactions. Numbers on the lined mental pathways equal a rough, relative ranking of the functional dynamic fluid paths, and are not percents. “Repressions” and “Reactions” are also dynamic fluid continuums.

Further, every nosological category has a range of typologies from Normatic © ,or “healthy neurotic”, to psychopathic, with virtually all neurotic defenses also represented at the psychotic level of character pathology. Neurotic intensity would therefore skew to the psychotic.

Major neurotic defenses include: acting out, compartmentalization, displacement, identification, intellectualization, isolation, introjection, moralization, projection, projective identification, rationalization, regression, reversal, and undoing. An example of the complexity of these phenomena, and an extremely important one for this model, is “Identification with the aggressor”. This results when unconscious hostility is felt and unconscious guilt is created coincident with that hostility. An expectation of punishment is then projected on to the “other” toward whom the hostility is directed and over whom the guilt is felt.

This externalization of the super ego is a projective identification with the “other” who is then expected to provide the sought after retribution. This then results in retaliation against the expected aggression, created by the initial projection. This vicious circle of “I’ll hurt you before you hurt me” is a cross between superego development and paranoia. This is the classic Oedipal situation between a father and son or a mother and daughter. And, this is our reaction to God, our punishing father in heaven, from whom we expect retribution. Instead of a futile retaliation, we offer sacrifice to propitiate.

For comprehensive descriptions, see the *Diagnostic and Statistical Manual of Mental Disorders* (DSM). However, any reader of that publication must be aware of, and sensitive to, its negative psychoanalytical bias and its constant pursuit of a sanitized, non-stigmatizing, “politically correct” language. Our academic mental health system is anchored in a simple, mechanistic ego psychology with foundations in behaviorism, not depth psychology. This approach results in the paradigm of medical diagnoses and drug therapy. We may as well put Band-Aids on cancer. To his credit Jung knew the only durable existential answer would relate to the survival of the Soul. And, this Soul must have the personal memory demanded by the Ego! There is no immortality without personal memory.

**15.** Normatic © was coined by me to refer to the full range of both “rational”, and irrational aberrant behaviors in all Cross-Cultural and Individual defenses. There is no such thing as normal per se, and “normal” in quotes does not sufficiently convey the human Normatic © condition. A condition not abnormal per se, just “human, all too human.” Consider only about fifty percent of criminals are neurotic, psychotic or psychopathic! At the very least then, the Normatic © criminal personality is working through the paranoid/schizoid dynamics of the depressive position described by Klein and Bion.

**16.** Neurotic defenses depend on the nature of the warded off impulses, the age of the individual when the decisive conflicts were experienced, the intensity of the experiences, the nature of frustration, and the overall historical situation. One principal factor is the “Pathogenic Secret”. It

is interesting these secrets are almost exclusively sexual. Introduced into psychiatry by Moritz Benedikt, this concept has subsequently and continuously been identified as one of the main factors in neuroses. In fact, Jung felt this possibility should be considered in *every* case. Of course, the Catholic Church knew the therapeutic effect of Confession long before formal psychotherapy was introduced. The neuroses fall short of psychoses but they are on that continuum and can still be quite severe and crippling.

A particularly interesting syndrome is the panic attack. In many cases, the person attempts to hold the attack at bay with what results in an obsessive-compulsive neurosis. “Knock on wood” has been given as a simple example most everyone has used. The person suffering from OCD cannot just “knock on wood”; they must carry out the most torturous rituals to ward off an anxiety they cannot even identify. One sufferer stated, “I am afraid if I go out I will die”. The translation of this fear is “I know I’m going to die, therefore I am afraid to go out”. How can a person go out when their “knock on Wood” ritual may require the most elaborate personal procedures?

The ritual of control keeps the “demon” away, and agoraphobia is the fear of a loss of control over the ritual. The ritual may be as simple as not going out. That is a true agoraphobic, and now we know *their* ritual. It does not have to be a compulsive activity, but only this passive control. The same control of the anorexic! We must keep in mind that “*control*” is always the operative word.

**17.** Mental Balance is our dynamic psychic equilibrium. The Ego is under constant seething, and sometimes seismic, pressure from both the Id and the Superego. This unconscious anxiety is then overdetermined by the dynamic fluidity of the overall model resulting in the seesaw, “razors edge” of mental health. This is where the Ego “balances” toward the Normatic © or the psychotic, and the latter process can be either insidious or precipitous. The precipitous result is popularly called a nervous breakdown, and in more serious cases a psychotic break.

**18.** Psychotic Defenses are actually the process of the personality attacking and “destroying” parts of the mind that are aware of concepts the individual can not face, principally innate and phylogenetically inherited and later ontogenetically perceived death fear. When this reaches a certain intensity the “flight from reality” is called schizophrenia. The original substrate was engendered by the advent of consciousness, which occurred over millennia. The hominid was witness to animal birth and the ultimate terror of annihilation brought about by the reality of animal death and decay. This terror became the primary repression of humanity.

Psychotic defenses are the nucleus around which the other defenses “rotate.” Metaphorically, “black holes” of the mind, the psychoses, especially schizophrenia, represent an unrepressed state. The inability to repress is either congenital or results developmentally over time. From this we can understand the presence of early infantile autism or the later extreme effects of the “Return of the Repressed” on an ego that was never fully up to containing what the mind could not face in the first place.

Dread of annihilation, hatred of reality, and the resulting destructive impulses can also result in a transference substitution for repression. This transference is a projective identification with

external objects, and becomes the foundation of hallucination. The goal of this splitting is to rid the ego of itself and awareness of reality. The double bind paradox of attempting to avoid “being” to escape annihilation becomes the genesis of schizophrenia. Heidegger, Sartre and Laing learned this dynamic from both Schopenhauer and Nietzsche; and from Hegel, hiding behind his dialectical mask. Dusk came *but* we learned the owl’s secret!

In addition, primal scene images are an important source of terror and repression as the human mind seeks to divorce itself from its animal nature. By ignoring this critical dynamic, parental indiscretion can have a major impact on the Normatic © psychological development of a child, *even* if the impressions occur during the earliest periods of infant development. It is no wonder we have so many problems with the lower economic classes that share close family quarters.

**19.** Psychopathic Defenses are a special case. While co morbidity with a psychotic state can exist, for the most part the psychopath maintains a strange, warped and terrifying contact with reality. The popular 1990 movie “The Silence of the Lambs” offers a chilling portrayal of the full dimensions of psychopathic behavior in the characters of Dr. Hannibal “The Cannibal” Lector and “Buffalo Bill”.

While this film depicts extremes, the psychopath is not unusual character pathology; we deal with them every day. With these circumstances, and the situation described in note twenty-three, it is a mistake to expect a sane humanity or a moral world-order. All one need do is study history, watch television news, read the daily, weekly and monthly media, or observe one’s daily surroundings.

**20.** Sublimation is a quasi defense that demonstrates the plasticity of the instincts. Through a constant unconscious recycling the ego drive attempts to master instinctual impulses before establishing a reaction pattern. The circular nature is also dynamic and fluid and receives its impetus from the developing pressures of both Normatic © and Neurotic defenses. The result is the driving force behind the egos creation of culture, which is also heavily controlled by economic circumstances.

**21.** A metaphysical “What if” clearly relates to all cross-cultural and individual responses of hope under the existential pressures of Dasein. The extremely low numerical ranking of the fluid path to this reaction is to emphasize how far we are from internalizing any psychology of the future. Short of this metaphysical dimension we also have the defense of active imagination, which can also create and exploit symbolic possibilities that are beyond our time-bound sense perception.

A principal element in both metaphysics and active imagination is the idea of a rescuer or more poignantly a savior. While salvation is the obvious message of Christianity, it is also explicitly or implicitly present in all world religions. In fact, Jung said, “Among all my patients who are in the second half of life there is not one whose principal problem is not a religious one”. While Jung’s character flaws detract from him personally, he was absolutely on the mark with his understanding of existential concerns and their effects on the human mind.

Judaism took its initial stories from Akkadian texts. These foundations of religious thought include the touching story of Gilgamesh and his futile search for immortality in a tale made even more poignant by the relationship of Gilgamesh to Enkidu who is his personified acknowledgement of human animality.

Until about 167 BPE the Jews only believed in Sheol, a nondescript limbo of darkness. The Greeks had a similar belief making them a later fertile ground for Pauline promises. Around 165 BPE the Book of Daniel offered the first references to a resurrection. A watershed of modern Judaism, this concept has evolved to enable this religion to promise the end of time would inaugurate a paradise on earth, and that souls would be reunited with their bodies. Christianity built on this Book of Daniel promise and also tried to take the anti sacrificial message to a new level.

Judaism, Christianity and Islam are each Abrahamic religions, meaning they derive their basic tenants from the fulcrum point in human evolution when civilization tried to shift sacrifice from humans to animals. So, while not metaphysically valuable, the Bible is historically priceless in tracking this evolution of this thought.

The New Testament is filled with both battle cries and promises of immortality. During the Crusades the Popes even implied that soldiers who died in the name Christ would surely achieve this promise. So in the war of East versus West, Christianity is not innocent; having made the same “Jihad” promises the Islamic fundamentalists now promote. In Sunday school we sang *Onward Christian Soldiers*, only to learn the Crusades were Christianity’s three hundred-year bungled massacres of both Jews and Moslems in the name of recapturing the Holy Land – a perfect oxymoron.

The collapse of the Western metaphysical ground started in the Middle Ages, progressed through the Crusades and culminated with the Renaissance of Enlightenment, an effective euphemism for the end of a Fairy tale.

Earlier, Augustine confused Revelation to promise Heaven as a celestial *City of God*, Thomas Aquinas thought it was a place of light and knowledge while Emanuel Swedenborg later thought it was just like earth. In fact, Christian Heaven is nothing more than a grandiose propaganda, the ultimate tool of manipulation. Simply another “battle flag” offered to provide the incentive, motivation, comfort and inspiration to insure effective military action.

It is threatening to our self-image to imagine nonexistence, so essentially we must convince ourselves of an afterlife to maintain sanity and equilibrium. As a ballast of hope, God becomes the head of the house, our father in heaven – how patently transparent.

These issues were the crux of the problem between Freud’s ideas of sexuality and Jung’s religiosity. Their systems were different: Oedipus complex, childhood sexuality and castration anxiety vs. shadow, archetypes, anima and a transcendent approach to individuation. Where basic agreement did exist, it was compromised by semantics and a battle of ego driven priorities on both sides. Neither saw how sexuality, death fear and religion were intimately related. Nietzsche knew and, as central as he was to both of them, they should have too.

The whole history of Judaism and Christianity was aimed at overcoming the “blood complex”, beginning with the story of Abraham and Isaac and later with the Passion of Christ. Further, it was not missed that the Catholic Church ultimately made Christ the Oedipal victor. The cult of Mary, the mother of God, was elevated to the central position in the Catholic Church while Joseph, the father, became nothing more than a stand-in at the scene of nativity and now the Pope is relegated to requiring a bulletproof car.

Catholics and Protestants alike are now encouraged to worship Mary, the idol of love, instead of the Old Testament God of death and sacrifice. After all, that God abandoned us, requires our death and sacrificed *his* only son. Christianity seeks to claim his sacrifice was to save us! Too egoistic, too “human all to human”.

In fact, the cross is one of the most confusing symbols in the Western world. The symbol itself, says we hate God for requiring our death, and we wear this in remembrance of how we took revenge with the crucifixion. Then, in the same childish game of “fort da” we bring God back as a hoped for symbol of our own immortality, and an expiation of our guilt over the crucifixion.

Next time you see a cross being worn as a gold charm, wonder at the irrationality of this symbol. Don’t bother to ask why it is being worn - there is no conscious rational explanation. Why is a symbol of hatred a symbol of love, a symbol execution a symbol of resurrection, a symbol of death a symbol of eternal life? What if Christ had been hung, would our symbol be a noose. A much better symbol would, of course, be  $\infty$ .

Islam is somewhat different in that it came along quite late with its plagiarized Old Testament text and a more specific promise of immortality. Basically this was another propaganda tool of a military leader, and to this day its promise of fruit and virgins still fuels a martial mentality with infantile hope. Initially codified to unify the Bedouin masses into a military force, Mohammed did give the Arab Semites something beyond their primitive, devouring totem meal at the helical rising of Venus.

To understand how Islam could have captured the metaphysical imagination of “Tent and Tribe” Arab nomads we need look no further than the early 1800’s in Palmyra, New York. Here polygamists took a lesson from Islam and its 72 virgins, but founded a religion that wanted them here and now, not in paradise. Its founder succumbed to mob murder in 1846. His successor, Brigham Young, may have had his 72 virgins but he only saw fit to marry 27. A dyslexic coincidence!

And now we have also learned from Osama bin Laden that Allah is the same bloodthirsty war mongering projection the Israelites worshiped in the Old Testament. What only a few understand, is that Allah, Yahweh, Moloch, Jehovah, Elohim, Baal, Artimus, El, Astarte, Nergal, Zeus and God, et al, are all just projections of our own need to kill.

If humanity were rational we would see that if these names truly represented a benevolent deity, that He would look upon all the books we call Holy as nothing but trash novels, a “pulp fiction”

of the lowest order. The whole story is an oxymoron of War and murder in the name of God. What a shame. Scotoma!

And finally, as important as Christ was, there would never have been Christianity without Paul and a fertile Platonic atmosphere in Greece. Actually, the best expression of a rational religion ever written is *The Creed of a Priest of Savoy* by Jean-Jacques Rousseau; and John Lennon wrote the best hymn – Imagine.

**22.** “Will to Power” is the egos “instinct for freedom” from death; an “instinct for mastery” over death. Further, it is a natural will for the spiritual strength and sacred courage to liberate our Dionysian *Triebleben* under the *Schein* of the Apollonian with the objective of going beyond *Principium Individuationis*.

This “Will to Power” also represents the overcoming of traditional metaphysics (Platonism) and nihilism, and inaugurates a new direction, true to the earth, with an affirmation of the body. This new table of values is Nietzsche’s Dionysian religion of life. This is the self-overcoming of all (phylogenetic and ontogenetic) that came before. In a large two-volume work on Zarathustra, Jung feigns interest in Nietzsche primarily to usurp the great philosopher’s thought. Jung does little to defuse the absolute nonsense of the “Will to Power” representing a military desire for destructive strength. Its true meaning is a desire for spiritual strength!

**23.** Freud turns out to be an optimist, at least about a hope for a better human destiny and the rejection of inherent human evil. He could not accept primal sadism and introduced one of his most controversial concepts, Destrudo, a primal masochism or the “death instinct”. Formulated in “Beyond the Pleasure Principle” and later elaborated in “The Ego and the Id”, this instinct was not a primary human cruelty but a self-destruction rooted in biology. Along with Eros, it formed a dual instinct theory with the addition of an innate aggressive drive against existence fulfilled by a return to an inanimate state.

Freud’s ideas have not survived the scrutiny of biology, and he has been generally taken to task on this point. Freud’s own attitude was “It may be asked whether and how far I am myself convinced of the truth of the hypotheses that have been set out in these pages. My answer would be that I am not convinced myself and that I do not seek to persuade other people to believe in them. Or, more precisely, that I do not know how far I believe in them”. Contrary to popular belief, he was not very dogmatic either!

I have struggled with “Beyond the Pleasure Principle” for more than forty years and was never comfortable with its emphasis on biology. I have always felt it was a psychological problem that only became biology as an inherited unconscious “death knowledge”, an innate awareness of personal destruction. What I have termed our “Death Complex”. This powerful psychological syndrome creates the essence of *pure* projection; or alternatively an animal soul turned against itself. Long ago I placed a note at the end of his essay, which said: “In the ego’s inability to accept its animal death -- extinction -- we have the projection of that death on to the Other, and the egos pleasure in that act!” This is the psychology of primal sadism, and the twins of sex and death that invest sadism with eroticism.

Most importantly, sadism must be thought of as a continuum, rather than a singular concept. This may be a strange way to think about sadism; however, my ultimate hope is to make it clear why I prefer this concept. On the Normatic © side of our overall model we have benign sadism expressed in a self-confident ego; at the pathogenic extreme we have malignant sadism in the form of psychopathic murder.

The strong, healthy ego is able to self-actualize itself in the world. A person who is comfortable with himself in mind and body will exercise a natural, relatively benign, competitive aggression. This manifests itself in the full range of human success. It is only when self-actualization is blocked, when *any* level of sadism meets superior forces, that we have masochism, as sadism in retreat. Sadism blocked by guilt, fear, superego development and culture, turned back on the self. Masochism does not originate directly from sadism; it is the result of aborted sadism transformed into aggressive self-destructive impulses.

Masochism is the sadism of the powerless. No sadism - no masochism, and neurosis and psychosis are masochistic formations where the ego develops an unconscious urge to create a host of enemies. The masochist is a person of a strong sadistic disposition blocked or diverted from the instinctual aim. A weak ego! The masochist does not know he is afraid, or of what he is afraid. Masochism is the perversion when the original goal is blocked by external factors. As an integrated dynamic I suppose we can also use the term sadomasochism since this illustrates the concept tied together and folded back on itself.

Masochism is projected violence upside down; sadism turned on its head. These are unconscious dynamics and the masochistic character is an unconscious reaction formation where burning ambition becomes negative ambition. A sadistic instinct turned against the ego. Masochism is also bifurcated into sexual and social, or moral, as Freud preferred.

We know what the masochist fears. In sexual masochism, we have the perversion to devalue sex. Sexual pleasure is felt as a discomfort and is rejected. Perversion is the precondition the masochist has to suffer first. He must be chastised in order to enjoy, and then displeasure turns to pleasure. The masochist wants the orgasm but is afraid of something associated with it, and institutes an avoidance of end pleasure in a phantasy detour of suspense and tension.

In the ultimate masochism of suicide, the masochist leaps to meet fate. The leap is a going out to meet fate in a flight forward to break the tension and suspense, which are worse than the fate itself. Being defenseless against fate is the ultimate block that animates a lust for revenge in the hereafter. We live in a fear of fate rather than having an “Amor Fati”.

In social or moral masochism, Christianity is the ultimate example of reward later. And, Christ is the ultimate masochist who gained eternal life by death. No wonder he is so popular in a world fearing it is blocked from eternity. The cross is an enigma, and at the same time a patently obvious symbol. As stated earlier, no one seems to ask how a symbol of execution can be a symbol of hope? The answer is it is the ultimate masochistic symbol.

This mass masochism is the West's best example of social masochism. Reik's “Victory through defeat” with the Christian Church offering fate on the installment plan. However, make no

mistake; inside this lambskin of masochism hides the wolf of sadism. The hateful revenge we saw Christian Europe visit on countless souls becomes a brutal assertion of destructive will. A syndrome of aggressive, erotic, subterranean sadism is born again out of its own masochism.

Of course, the ego's ultimate self-actualization is the wish for eternal life. When the hope of immortality is blocked, we have the ultimate anxiety, the anxiety of death. This is the torturing anxiety Freud called *Todesangst*. This becomes the overwhelming anxiety of annihilation from which the weak ego retreats into masochism. However, as Nietzsche learned from Longfellow "In this world a man must either be anvil or hammer".

Therefore, while masochism is one avenue, when the hope of an eternal life is blocked, we move quickly down a continuum to the ultimate projection of primal anxiety and its sadistic revenge on death. The human is not necessarily evil but crushing anxiety becomes malignant and is projected as a defense. Even Melanie Klein, who adopted Freud's thought, did not effectively discriminate between an instinctual biological drive to death, and an innate terror of death driving both introjected and projected behavior. What we have identified as the "Death Complex".

**24.** The *Übermensch* is the most highly evolved supreme individual; man-beyond-man; as far from man, as man is from the ape; man perfected through knowledge. A mental toughness or so called aristocratic radicalism that would elevate the human type to a level that had no animosity toward existence or non-existence. This higher man would embrace chaos and a cosmic dialogue with *Ego Fatum*. He would use his ascending "Will To Power" to transcend the paradoxical contradiction (antinomy) between Nietzsche's *Übermensch*, "act as if", and his hypothesized "Eternal Return." This idea represents the ideal man who can go beyond the phenomenally determined to become transcendently free in the noumenal dimension. Schopenhauer introduced modern Western philosophy to Eastern concepts, and following Schopenhauer, Nietzsche's idea of the *Übermensch* is comparable to the eastern idea of Enlightenment. It is very questionable whether either could be an ultimate defense for humanity.

**25.** "Eternal Return" is a Promethean defiance that reaches for the "joy of eternity" (immortality) and the actuality of a fifth dimension. The consensus is the idea is more ethical than metaphysical. Georg Simmel used a simple mathematical example of three rotating wheels and pi to render the concept an illusion. Simmel, however, conceded that cosmic dimensions could transcend finitude, and who has used simple math to quantify the resurrection.

Contrary to the common misunderstandings of Nietzsche, he more than anyone, up to his time, understood the disaster of the collapsing metaphysical ground of the West, and he expressed this in his simple phrase "God is Dead". His issue with David Strauss was emblematic of this central concern of his whole philosophy. In any event, the "what if" of the Eternal Return is as good as any metaphysical speculation. My extreme bias for Nietzsche is the only reason it was chosen as opposed to other human conceptions of the unknowable. Agnosticism is the only defensible concept, with so-called divine revelation certainly not withstanding.

**26.** Notes 21, 22, 23, 24, and 25 are all related, and can be poignantly tied together with two Biblical quotes, one from the Old Testament and one from the New. Psalm 23...Even though I

walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff they comfort me... And Romans 10:9...That if you confess with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. Enough said! Most people never stop to question "saved from what". The answer is, saved from annihilation. Terror drives denial, and as Velikovsky said, it is a "preferring not to know". Ernest Becker described this better than anyone and he deservedly gave credit to Otto Rank.

**27.** Death is mankind's ultimate problem. To quote Erwin Rohde, the eminent German classical philologist, "Nothing is so hateful to man as death and the gates of Hades: For when death comes it is certain that life -- this sweet life of ours in the sunlight -- is done with, whatever else there may be to follow". The urangst regarding the end of life and annihilation is THE core anxiety of the human condition. The question is: (A) Will we leave on an inspired "metaphysical note" of hope, as suggested in note twenty-four; (B) just die in a common "human, all too human" way; (C) leap to this same end through suicide; or (D) enter obliquely after the murder of "the other"? Most amazing may be the fact that we handle the concept of extinction as well as we do. But no matter how well, the unconscious projection of our own death on to an Other, which Jung even thought was our original sin, is always there with its dreadful burden of guilt.

Mourning is the sorrow of this life's loss; melancholia is the hatred of this same end. Remorse becomes insane, and as Kierkegaard observed, despair is the sickness unto death that deepens into rage as individuation leads us into annihilation. Nature is not evil, it just is! Human behavior is not evil, it is just "human, all too human"!

The phylogenetic aspect of these claims will be successfully defended regardless of past or present dogma in academic biology. See note one, where the phylogenetic process begins following a special creation or abiogenesis; and note two where the ontogenetic process of Ananke continues with the birth of each individual.

The etiology of mental disease is phylogenetic terror, guilt, and shame, exacerbated by ontogenetic terror, guilt and shame. Phylogenetic existential terror from the dawn of consciousness and geophysical terror from terrestrial and extra terrestrial agents; blood guilt from original sin; and our shame of animality - all compounded by our personal ontogenetic terror, guilt and shame.

**28.** Suicide represents a continuum of intent where it is also important to differentiate between stress and revenge pathology. Beginning with parasuicide, we have a strategy intended to manipulate others without a true suicidal intent. The objective here is the social benefit of attention after survival.

Moving along the continuum, both monopolar and bipolar depressions from coping failures, chronic stress, and feelings of shame, guilt and burdensomeness are major precipitators. Suicide as an altruistic surrender to overcome narcissistic mortification is yet another factor.

Then we have the revenge scenarios beginning with the ultimate revenge on the self, driven by the intense guilt of a severe superego. This so-called font of ethics can become the reservoir of

either projected sadism or self-destructive masochism. Finally, revenge on others becomes an additional motive where the death of the self is intended to be their punishment.

Totally apart from stress and revenge pathology, we have the unconscious, esoteric metaphysical phantasy of achieving a rebirth to a new eternal life, by escaping this life of animality and death. This is a complicated unconscious enigma, which defies rational explanation. It is Freud's realm of the antithetical meaning of primal words, where opposites no longer negate resulting in the fusion of Thanatos and Eros. As Binswanger so astutely observed, "Instead, they beg fate to let them be born again with another body or another soul...Such are the peculiar dialectics of the Uncanny of which we psychiatrists still know so little". The most well known leaders of this cult of death were Socrates and Christ.

This same psychology will drive the ideology of radical Islamic fundamentalists! Islam attempts to claim that suicide is against their religion but fails to mention this does not apply to terrorists engaged in a Just War. They believe if they give their life fighting infidels, Jews and Christians, that they will be rewarded in the seventh level of Heaven with beautiful virgins. Qur'an Sura 55 promises gardens full of sensual pleasure and spiritual bliss. Upholstered couches, two kinds of every fruit including pomegranates, green pastures, palm trees, and 70 to 72 white skinned virgins with very dark eyes.

If we did not have the reality of September 11, 2001 it would be hard to believe you could even convince a ten-year-old with this nonsense. But the fact is many terrorists now want to be a shahid (martyr) and go to this heaven! The rhetoric of Hamas and Islamic Jihad is the most dangerous propaganda facing the modern world. It is interesting, and even morbidly humorous, that their highest level of heaven promises these martyrs an eternity with women, while their unconscious death fear prevents them from treating their mortal counterparts with any comparable reverence.

The truly sad thing about the Arab mind is they have lost Averroës and Avicenna just as the west lost any rational foundations for its metaphysics. After all we gave up Plato for Christmas trees and Easter bunnies and then sit in smug judgment of other religions. The whole world would have been better off if Buddha had just promised some sex.

N. J. Dawood, a celebrated translator of The Koran, says it "is not only one of the greatest books of prophetic literature but also a literary masterpiece of surpassing excellence". I also have studied this book and found it to be a repetitive, plagiarism of both Old and New Testament ideas and a blatant declaration of war on "The unbelievers..." both Jews and Christians, basically the Western world. The constant references to Hell fire would have made fitting captions to the initial impact photos of the World Trade Center. As with Mein Kamph we have been warned, and what radical Islam has in store for us is "a blazing fire".

The TV commentator Bill O'Reilly is absolutely wrong with his opinion about not reading these books. If anyone but the Germans had read Hitler's plans a lot could have been averted. The Koran should, in fact, be mandatory reading in every academic institution in the free world and should not be shrouded in the mysticism of a Holy work that no one really reads. This reminds me of a Bible class I attended in Nashville, TN. They did not read the Bible; they read words,

sentences and sometimes paragraphs looking for Hope. This is the problem with Koran. No one is reading it and no one seems to see it for the military manual it really is; and as a result we are headed for another disaster!

In the further specific behaviors of suicide, we must not miss the “passive” varieties, which are just as lethal as putting a gun to one’s head. These include alcoholism, excessive and addictive smoking and all other forms of self-destructive behavior. The single occupant, high-speed auto accident is one of the most overlooked. Then we come to another baffling, and not so baffling, continuum of suicide; a syndrome accelerating as a result of our post modern problem of evanescent Being -- anorexia nervosa.

Almost exclusively a female disease, anorexia is clearly a desperate unconscious cry for help. What first appears as revenge on the mother is in fact a deep complex anger, resentment and revenge on motherhood; a rejection of womanhood, “Mother Nature” and sex. A defiant, overdetermined phylogenetic and ontogenetic introjected revenge on mother, sex and birth accompanied by extreme feelings of guilt. This is another major reason why it is important to add the mother, and motherhood, to a coequal position with the father in any complete depth psychology.

In the female, menarche is an almost universal triggering factor, and amenorrhea is the result in virtually every case. This defiant response has nothing to do with nutrition and everything to do with control. And, ultimately physical appearance insulates the anorexic from contact with the male who threatens everything that is *unconsciously* feared. Another result is the cessation of feces, and as Ernest Becker once said, “No mistake - the turd is mankind’s real threat.” Not to defecate becomes a compulsive obsession, and there is no bodily function more associated with death and animality than defecation, and the link with eating is obvious.

The other “side of the coin” is bulimia, the anorexic’s unconscious compulsion to survive. The bulimic can be pushed to a frenzy of consumption only to have the underlying psychology prevail in a continuous sequence of binge and purge. The obsession of the anorexic is just as evident in the behavior of the bulimic. And, just as Freud and Breuer missed the constant presence of death in their hysterics, we find the triggering event of eating disorders to have an uncanny relation to the death of someone close, not to mention death in general.

Both these conditions are now appearing more regularly in males who are reacting to the same unconscious terror. The male does not have to anticipate maternity; however, sex and its powerful ramifications are present just the same. Here again it is not a matter of nutrition, but control. It is not unusual that the focus would be on eating. This process is just as animalic as excretion and sex. We have attempted to disguise and euphemize the process by turning it into a social ritual. No other function has been so far removed from its animal necessity than eating and food. No longer pure consumption, the remains of an Iowa slaughter house become a New York strip steak or a filet mignon, served au jus on fine china, and accompanied by crystal and silverware, all laid out neatly on white linen. As the Eagle’s sang: “They stab it with their steely knives, but they still can’t kill the beast”. We are the beasts, not the meat!

The reason anorexia and bulimia are so difficult to analyze and treat is because the genesis is existential and requires a metaphysical solution. Conventional medical model psychiatry is not an effective answer. And, unfortunately, we do not have a metaphysical answer.

**29.** Murder is the ultimate projection of one's own death fear on to an Other. This is the result of the Scotoma, both phylogenetic and ontogenetic. You die, I live! As Otto Rank said "The death fear of the ego is lessened by the killing, the sacrifice of the Other; through the death of the Other, one buys oneself free from the penalty of dying, or of being killed."

This projection of death fear is the *unconscious* driving force behind all human evil and can only be transcended by a concept like Nietzsche's Übermensch. With murder, we come full circle to link sadistic projection with its intimate relation to sex and death; the erotic joy of avoiding victimization by inflicting it on an Other. And, this includes the paradox of the egos defense against a cruel superego, where masochism itself is projected as sadism in the further victimization of the Other. A theatrical example of a lethal psychopath displaying a malignant, catathymic reaction is the character "Waingrow" in the 1995 movie "Heat".

Violence is, however, most destructive in human sacrifice, genocide and war. Unless mankind comes to understand the genesis of this behavior *and* is able to discover some metaphysical defense, we will continue to see an escalation of mass murder on a worldwide scale. Nietzsche's hope was the Übermensch. We have already questioned whether the concept of an *Intellectually Super Human Being* (which is what he meant) is a possible metaphysical defense for the ubiquitous terror experienced by simple mortal creatures. Here we also question if it is possible to create a new myth.

It is now becoming painfully obvious that all of the above is resulting in a new crisis for humanity. Projection started in the beginning and is very well depicted in the graphic prelude to the 1960's movie "2001- A Space Odyssey." As soon as consciousness dawned on the hominid the terror began, and humanity has tried to console itself for millennia with myth and religions aimed at quieting this urangst.

We know empirically what happens when the metaphysical ground of a civilization collapses. The Western myth collapsed with the Enlightenment and later Nietzsche was one of the few, and maybe the only one, who saw what was coming. He wrote about it to warn us and was then characteristically blamed for what transpired -- "Shoot the Messenger"!

There has always been unrest with at least two modern collective nervous breakdowns accompanied by mass psychosis. It was pure Scotoma that we simply called these terrible periods in human history World War I and World War II.

In just the last hundred years the West alone has murdered more than two hundred million of our own kind. We worried for a long time about the possibility of World War III, and we hoped the end of the cold war would be the conclusion of that worry. Unfortunately, now is the time we really need to worry. A new paradigm of both domestic and international religious terrorism is accelerating and every upstart Nation is busy developing intercontinental ballistic weapons. Why would any society that can't feed its own people need to inflict death on others, thousands of

miles away? It's more than Scotoma, it's outright denial. As Ernest Becker said in his Pulitzer Prize book, it is "The Denial of Death".

On the domestic scene, CNN reported (3/19/99) on students testifying before Congress regarding school violence. The focus of these hearings was to determine the root causes of violence such as the Internet, movies, and music. While not metaphysically sophisticated, one student's response was essentially that death and the pointlessness of life were the cause of youth, in essence, projecting their death anxiety on to others! How does virtually everyone continue to miss the obvious even when it is stated so directly?

**Summing Up:** In 1933, Einstein wrote Freud to ask, "Why War"? Why has the whole of human history been plagued by the barbaric cruelty of sacrifice and murder? Freud's answer was not complete. We now know the sadist takes unconscious revenge on death through a sadistic projection of death on to an Other. On a worldwide scale, this dynamic is concerning from the perspective of another mass breakdown. In fact, we are facing another general metaphysical collapse that will exacerbate this projection. It will be unconscious as it was for the cult of Pauline Christianity, but Islam is experiencing the same psychology that gave us our Inquisition.

Just as the West came to realize a Jewish carpenter was not *the* God of the universe, Islam is going to have to face the fact that a military general was not his messenger either. This is not going to be an easy or safe process. To quote a portion of note four: "The tragedy of the world is humanity never created a universally believable metaphysics, and now we are left to face existence with nothing more than myth, legend and fairy tales. And, as we look around the world, we see it arming again for Armageddon. Terror has now become terrorism. And as people continue to project their death on to one another we will find that fundamentalism and atomic, biological and chemical weapons are not a good mix with martyrs and eschatology!"

With due respect to the politics of Nationalism, anyone who has read this far will already know that religious issues are the primary motivation for terrorist actions. Judaism and Christianity have a long history in this regard, but the problem is especially true of Islamic fundamentalism. If Nietzsche were alive today, we would again be hearing from Zarathustra. His message would be a clear warning to both the Muslim and Judaic/Christian worlds. Now it remains to be seen whether humanity has the psychological maturity to save itself from a disastrous confrontation.

There is still both conscious and unconscious mass denial in Christianity; but the really disquieting reality is that Islam is only now in the early stages of a process the West began ca. 500 AD. Heidegger warned us the destruction of the past would give way to devastation in the future.

On September 11, 2001 we were finally the recipients of the terrorism this work has warned of since 1983. We were lucky that atomic, biological or chemical weapons were not a part of this first assault. And, make no mistake this is only the beginning of what we can expect from a religion that worships a murderous military general as a messenger of God. The sacrificial murder that was historically endemic to Judaism and Christianity is to this day exemplified in the Arkan of Islam. Their major holy day of al-adha, the id al-adha is, itself, a commemoration of Abraham's readiness to sacrifice his son on Divine orders.

As just one example of the bloody nature of this religion, in 2001, France's estimated 4 million-member Muslim communities faced a potential shortage of sacrificial lambs for the id al adha "Holiday". The hoof and mouth disease scare had prompted the French government to destroy more than 50,000 sheep – many of them imported for the Holiday slaughter. Muslims in Britain faced the same shortage. Of course, all Muslims are not terrorists but this primitive sacrificial nature of their belief fuels a radical fundamentalist mentality with the same irrational zeal that drove the Christian Crusades. At least the Jews no longer cut the throats of domestic animals at Passover; and most Christians don't reenact the Crucifixion as a preamble to Easter.

Al-Adha Festival Sacrifice (Adaahi) *Volume 7, Book 68, Number 453*: Narrated Al-Bara: The Prophet said (on the day of Idal-Adha), "The first thing we will do on this day of ours, is to offer the (Id) prayer and then return to slaughter the sacrifice. Whoever does so, he acted according to our Sunna (tradition), and whoever slaughtered (the sacrifice) before the prayer, what he offered was just meat he presented to his family, and that will not be considered as Nusak (sacrifice)." (On hearing that) Abu Burda bin Niyar got up, for he had slaughtered the sacrifice before the prayer, and said, "I have got a six month old ram." The Prophet said, 'Slaughter it (as a sacrifice) but it will not be sufficient for any one else (as a sacrifice after you). Al-Bara' added: The Prophet said, "Whoever slaughtered (the sacrifice) after the prayer, he slaughtered it at the right time and followed the tradition of the Muslims."

On the September 30, 2001 TV show "Meet the Press"; Tim Russert referred to the World Trade Center terrorist attackers in the following way.

*"I want to take you into, I think, the minds of these people who performed this dastardly act on our country. This was the instruction manual that were (sic) found in some of the briefcases of the hijackers."*

*"The time of judgment has arrived. ...You have to be convinced that those few hours that are left you in your life are very few. From there you will begin to live the happy life... Everybody hates death, fears death. But only those, the believers who know the life after death and the reward after death, would be the ones who will be seeking death. ...Keep a very open mind, keep a very open heart of what you are to face. You will be entering paradise. You will be entering the happiest life, everlasting life."*

*"Nineteen men, middle-aged, educated, some with families, willing to take a commercial plane into a building, killing themselves, killing thousands of others. How do we transform that mind-set? How do we defend ourselves against people who are willing to die, commit suicide, because they think it will guarantee them an everlasting happy life?"*

In addition to metaphysics and Nationalism, economics is also a major factor. We can historically correlate virtually all wars and major revolutions with precipitating factors further anchored in economics. Marx thought it was material scarcity, however, the psychological reason is sublimation. Stable economics facilitates a "healthy" redirection of the instincts into activities Freud felt were the genesis of, and driving force behind the creation of culture. The Romans called it "Bread and Circus". In a metaphysically deprived environment a weakening of economics, or worse an economic collapse, can create the worst possible mix of circumstances.

This is when the deprived, terrified masses take to the streets and chaos reigns. The year 1789 would be an excellent example.

The greatest challenge of the new millennium will be to transcend present mythology, legend, fairy tales and supposed Biblical metaphysics and build a new faith on "Truth and Reality." The concepts that have consoled Judaism, Christianity and Islam for thousands of years have become as dated as all myth. And, the Apocalypse of Revelation turns out to be nothing more than a recapitulation of the history already told in the Old Testament; with the warning it could all occur again. The confusion here, between geophysical and metaphysical is astounding. Only a few have read stone for stone and fire for fire!

Further, the metaphysics of Eastern philosophy have fared no better than in the West. Eastern Enlightenment is nothing other than the suppression of the "Will's" desire through ascetic meditation. Schopenhauer mistakenly thought this suppression of the "Will" was the answer. At a superficial level, this is nothing more than a type of sublimation; at the extreme it is nothing but repression. This is probably the reason for so much cruelty in Asia. I cannot help but recall the movie "The Deer Hunter". What the East has for the common man is nothing more than a religion of repression and projection. Nietzsche was not as far from Schopenhauer as he thought when he saw a new humanity as the *Übermensch*. How could these great psychologists miss the "human, all to human" demands of the Ego? Actually, they did not. They were simply stretching for an answer that is probably beyond any mortal.

My point of view is categorically NOT intended to be a materialistic or atheistic stance. The argument from design, alone, offers enough evidence that something beyond human knowledge may exist. Kant notwithstanding, it is hoped science and reason will, after all, lead us to a new understanding and provide humanity with some noumenal revelation of a numinous dimension upon which a *universal* metaphysics can be built.

Is it wrong to look for, and also expect some tangible foundation for faith? Nietzsche wrote of a philosophy of the future, which we could think of as being subsumed under a *very* broad objective theology of the future. Freud felt it was "...possible for scientific endeavor to come to know something of the reality of the world, something which can increase our power and according to which we can direct our lives". Hans Küng, Paul Tillich and Teilhard de Chardin have taken some creative steps. Modern theology needs to be more than some pious regurgitation already explained by Theodor Reik et al.

As an example, as early as 1836, Ferdinand Benary had already shown 666 was a mathematical code for Nero, and not some metaphysical reference to the Devil. And what more needs to be said after Ludwig Feuerbach, David Friedrich Strauss and Mark Twain's "Letters From the Earth". Then again, what can we expect from a ministry mired in simple misunderstandings and fundamentalist dogma? Spiritual leadership appears to be an oxymoron?

Instead of an epiphany, creative spiritual leadership must now facilitate a new frontier toward knowledge of Being. The answer is not written in Latin or Greek, or in the metaphysical and philosophical speculations of the past 2,500 years. We have already studied all of that, and they

did not know as much as we do. The “Skull grins in on the banquet” and as Nietzsche said, “no further in that direction”.

Lloyd deMause once challenged me as to what “Sex and Death” had to do with one another. I knew right away he had not even read my outline. His thesis is the mistreatment of children has engendered the whole problem of humanity. He never asks why the children are mistreated. Anyway, by now every reader should know the anchoring points of Christianity are “Sex and Death”. The whole religion starts with a virgin birth, which is a denial of sex; and ends with immortality, which is a denial of death. Scotoma!

Further, no matter what beliefs are analyzed the same is true. Since 9/11/01 our attention has been focused on Islam, and this is a good example. As stated above that religion is in the early stages of a decay that will last hundreds or years. This process will reinforce a radical denial as depicted in their fundamentalist actions. The most radical males are so ashamed of sex (animal birth) that they cannot bear to look at their women in public; and at the same time they deny death by dreaming of a *virgin* filled paradise. Scotoma!

Finally, if Jung had not written on the topic of UFO’s, I would not mention them either. He recognized “...there is a tendency all over the world to believe in saucers and to want them to be real”. “One can hardly suppose that anything of such worldwide incidence as the UFO legend is purely fortuitous and of no importance whatever”. We do not know, and may never know, whether these phenomena are hallucinatory or reality. Common sense says it is the former, and that simultaneous sightings are nothing more than a manifestation of synchronicity, or an inexplicable a-causal connection.

Whatever UFO’s are, they have become our only modern living myth. Myth and archetype are directly related, and Jung’s analysis “... sheds light on the psychic compensation of the collective fear weighing on our hearts”. Beyond these hoped for “Eleusinian tidings of immortality”, Jung never loses sight of the fact that they may also be real. If so, they could be the link to an understanding that humanity has long sought, or they may just be more advanced creatures like us, searching for an answer! However, his ending conclusion was that “a collective but unacknowledged fear of death is being projected on the UFO’s.”

What is “*The Future of an Illusion*”? “No, our science is no illusion. But an illusion it would be to suppose that what science cannot give us we can get elsewhere.” In any event, nothing is more disappointing than a divinity school education entirely focused on the past. We can no longer exclusively look there if we expect to liberate ourselves from the “spirit of revenge”! What is it going to take to achieve something more than television evangelism or further mass hypnosis from another Billy Graham?

The answer, *IF* one exists, and *IF* it is discoverable, is in the future.

Time is of the essence! Who will lead the way?